

Employee Rights And Responsibilities Err Workbook Proskills

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Critical Terms for the Study of Buddhism Donald S. Lopez Jr. 2009-11-15 Over the past century, Buddhism has come to be seen as a world religion, exceeding Christianity in longevity and, according to many, philosophical wisdom. Buddhism has also increasingly been described as strongly ethical, devoted to nonviolence, and dedicated to bringing an end to human suffering. And because it places such a strong emphasis on rational analysis, Buddhism is considered more compatible with science than the other great religions. As such, Buddhism has been embraced in the West, both as an alternative religion and as an alternative to religion. This volume provides a unique introduction to Buddhism by examining categories essential for a nuanced understanding of its traditions. Each of the fifteen essays here shows students how a fundamental term—from art to word—illuminates the practice of Buddhism, both in traditional Buddhist societies and in the realms of modernity. Apart from Buddha, the list of terms in this collection deliberately includes none that are intrinsic to the religion. Instead, the contributors explore terms that are important for many fields and that invite interdisciplinary reflection. Through incisive discussions of topics ranging from practice, power, and pedagogy to ritual, history, sex, and death, the authors offer new directions for the understanding of Buddhism, taking constructive and sometimes polemical positions in an effort both to demonstrate the shortcomings of assumptions about the religion and the potential power of revisionary approaches. Following the tradition of Critical Terms for Religious Studies, this volume is not only an invaluable resource for the classroom but one that belongs on the short list of essential books for anyone seriously interested in Buddhism and Asian religions.

JMeter Cookbook Bayo Erinle 2014-10-29 This book is great for you if you are a developer, quality assurance engineer, tester, or test manager who is looking to get a firmer grasp of elementary, deep, and advanced testing concepts using Apache JMeter. It's assumed you have access to a computer and an Internet connection. No prior testing or programming experience is required, but would be helpful.

Anglic Robert Eugen Zachrisson 1930

Looptail Bruce Poon Tip 2013-09-24 Can a company be cool, socially responsible ... and still make money? Welcome to the looptail. This is the extraordinary true story of Bruce Poon Tip and how, with nothing more than two credit cards and a burning desire to create an authentic, sustainable travel experience like nothing the world had ever seen, he created G Adventures, the world's most successful adventure travel company. G Adventures operates in more than 100 countries, on all seven continents, serves more than 100,000 customers every year - and is now a significant player in Australia. In this unique first-person account, Poon Tip reveals his unusual management secrets that allowed him to keep growing his company, his employees fully engaged and energised, and his customers extremely happy. This is a singularly stunning story of why community, culture and karma matter in business, and how one man's desire to do the right thing and generate profits can be blended into a win-win for all involved. In this special Australian edition, Bruce Poon Tip writes about the unique experiences and lessons learned which have fuelled the growth of his Australian business, and also about how Australia really could be better at presenting itself to the world's travellers. www.gadventures.com.au

The Easy Pit Boss Wood Pellet Grill And Smoker Cookbook Leslie Schroeder 2021-05 Are you looking for the best device for delicious BBQ and grilled meals? If yes, keep reading. What's the best way to infuse your barbecue fixings with that quintessential, smoky flavor? This book explains everything you need to know-picking the right pellet flavors, maximizing the potential of your smoker-grill, and mastering cold-smoke and slow-roast techniques. You'll be delighted to find that most of the ingredients used in the recipes can be found at your local grocery store, and can satisfy your appetite and fit your budget. In this book you will find: How to use your Pit Boss Tips and tricks for the perfect BBQ Easy and Easy to find recipes The right pellet for the best BBQ Perfect grilling/smoking recipes for any occasion And much more! Also inside the book, you'll find all the information you'll need, and with this book, you can make your life easier, while cutting down the chances of failure into the bargain! Get your copy NOW!

The Cook's Book Marcus Wareing 2009-11-02 A new edition of The Cook's Book • winner of the Gourmand World Cookbook Award. Now in e-book format Master classic dishes and pick up tips for success every time with the world's top chefs, including Marcus Wareing, Shaun Hill, Ken Hom & Charlie Trotter. From making a mouth-watering sauce to jointing a chicken and preparing fresh lobster to cooking the perfect rice, you'll find easy to achieve techniques and over 600 delicious recipes to help you create perfection on a plate in your own kitchen, no matter what your culinary skills. Get cooking and explore chapters covering all the major foods: from meat, fish and vegetables to desserts and cakes. An essential ingredient for every kitchen.

The Encyclopedia of Crystals, Herbs, and New Age Elements Adams Media 2016 "From crystals and herbs to flowers and essential oils, this comprehensive guide shows you how to use a variety of New Age elements to enhance your life. Each page includes information on their attributes, healing properties, and how they can be applied in any situation. With detailed descriptions and an informative glossary, you can quickly discover the New Age element that best serves your purpose, whether it's promoting healing, activating creativity, or bringing about good fortune"--Amazon.com.

The Moment of Everything Shelly King 2014-09-02 In the tradition of The Cookbook Collector comes a funny, romantic novel about a young woman finding her calling while saving a used bookstore. Maggie Dupriv@s, recently "involuntarily separated from payroll" at a Silicon Valley startup, is whiling away her days in The Dragonfly's Used Books, a Mountain View institution, waiting for the Next Big Thing to come along. When the opportunity arises for her to network at a Bay Area book club, she jumps at the chance-even if it means having to read Lady Chatterley's Lover, a book she hasn't encountered since college, in an evening. But the edition she finds at the bookstore is no Penguin Classics Chatterley-it's an ancient hardcover with notes in the margins between two besotted lovers of long ago. What Maggie finds in her search for the lovers and their fate, and what she learns about herself in the process, will surprise and move readers. Witty and sharp-eyed in its treatment of tech world excesses, but with real warmth at its core, The Moment of Everything is a wonderful read.

Clinical Handbook of Psychological Disorders, Sixth Edition David H. Barlow 2021-06-04 Now in a revised and expanded sixth edition, this is the leading text on evidence-based treatments for frequently

encountered mental health problems. David H. Barlow has assembled preeminent experts to present their respective approaches in step-by-step detail, including extended case examples. Each chapter provides state-of-the-art information on the disorder at hand, explains the conceptual and empirical bases of intervention, and addresses the most pressing question asked by students and practitioners—"How do I do it?" Concise chapter introductions from Barlow highlight the unique features of each treatment and enhance the book's utility for teaching and training. New to This Edition *Existing chapters thoroughly revised to incorporate the latest empirical findings and clinical practices. *Chapter on "process-based therapy," a new third-wave approach for social anxiety. *Chapter on transdiagnostic treatment of self-injurious thoughts and behaviors. *Chapter on chronic pain.

Handbook of Assessment and Treatment Planning for Psychological Disorders, Third Edition Martin M. Antony 2020-07-23 This authoritative clinical reference and text--now revised and updated with 50% new content--presents the assessment tools and strategies that every evidence-based psychotherapy practitioner needs. Unlike most assessment texts, the volume is organized around specific clinical problems. It explains how to select and use the best measures to assess clients' symptoms, generate diagnoses, plan appropriate treatments, and monitor progress. Clinician- and student-friendly features include tables comparing and contrasting relevant measures, sample forms, and case examples. Every chapter addresses considerations for primary and managed care settings. New to This Edition *Chapters on new topics: assessment of well-being and transdiagnostic assessment. *New chapters on core topics: eating disorders, personality disorders, and insomnia. *Updated throughout with DSM-5 diagnostic changes, new and updated instruments, current research, and increased attention to transdiagnostic concerns. *Expanded coverage of obsessive-compulsive and related disorders. See also Clinical Handbook of Psychological Disorders, Sixth Edition, edited by David H. Barlow, which presents evidence-based treatments step by step.

My Neighbour's Shoes, Or, Feeling for Others A. L. O. E. 1862 Archie has a dream that a fairy magically transforms him to walk in the shoes of those less fortunate than himself. It is a new Archie that plays with his cousin, Lina, the next day.

Thinking in New Boxes Luc De Brabandere 2013-09-10 When BIC, manufacturer of disposable ballpoint pens, wanted to grow, it looked for an idea beyond introducing new sizes and ink colors. Someone suggested lighters. LIGHTERS? With an idea that seemed crazy at first, that bright executive, instead of seeing BIC as a pen company—a business in the PEN "box"—figured out that there was growth to be found in the DISPOSABLE "box." And he was right. Now there are disposable BIC lighters, razors, even phones. The company opened its door to a host of opportunities. IT INVENTED A NEW BOX. Your business can, too. And simply thinking "out of the box" is not the answer. True ingenuity needs structure, hard analysis, and bold brainstorming. It needs to start THINKING IN NEW BOXES—a revolutionary process for sustainable creativity from two strategic innovation experts from The Boston Consulting Group (BCG). To make sense of the world, we all rely on assumptions, on models—on what Luc de Brabandere and Alan Iny call "boxes." If we are unaware of our boxes, they can blind us to risks and opportunities. This innovative book challenges everything you thought you knew about business creativity by breaking creativity down into five steps: • Doubt everything. Challenge your current perspectives. • Probe the possible. Explore options around you. • Diverge. Generate many new and exciting ideas, even if they seem absurd. • Converge. Evaluate and select the ideas that will drive breakthrough results. • Reevaluate. Relentlessly. No idea is a good idea forever. And did we mention Reevaluate? Relentlessly. Creativity is paramount if you are to thrive in a time of accelerating change. Replete with practical and potent creativity tools, and featuring fascinating case studies from BIC to Trader Joe's, Thinking in New Boxes will help you and your company overcome missed opportunities and stay ahead of the curve. This book isn't a simpleminded checklist. This is Thinking in New Boxes. And it will be fun. (We promise.) Praise for Thinking in New Boxes "Excellent . . . While focusing on business creativity, the principles in this book apply anywhere change is needed and will be of interest to anyone seeking to reinvent herself."—Blogcritics "Thinking in New Boxes is a five-step guide that leverages the authors' deep understanding of human nature to enable readers to overcome their limitations and both imagine and create their own futures. This book is a must-read for people living and working in today's competitive environment."—Ray O. Johnson, Ph.D., chief technology officer, Lockheed Martin "Thinking In New Boxes discusses what I believe to be one of the fundamental shifts all companies/brands need to be thinking about: how to think creatively, in order to innovate and differentiate our brands. We need to thrive and lead in a world of accelerating change and this book challenges us to even greater creativity in our thinking. One of the best business books I've read in a long time."—Jennifer Fox, CEO, Fairmont Hotels & Resorts "As impressive as teaching new tricks to old dogs, Thinking in New Boxes is both inspirational and practical—a comprehensive, step-by-step guide to sharpening one's wits in order to harness creativity in the workplace."—Peter Gelb, general manager, Metropolitan Opera

Cbse All India Engineering Entrance Exam Solved Papers (B.E./B.Tech) Editorial Board Pratiyogita Darpan 2010-09

School of the Seers Jonathan Welton 2009-09-28 Your how-to guide into the spirit realm! Get ready to enter the world of a seer! In this groundbreaking and revolutionary book, Jonathan Welton describes his unique journey about how God opened his spiritual eyes. He shares how you too can activate this gift in your life. The School of the Seers is the how-to guide for seeing into the spirit realm. Making insightful use of anecdotal stories, the author helps you discover vital keys from the Scripture to: See with your spiritual eyes. Use the four keys to greater experiences. Recognize what may be hindering your discernment. Access divine secrets and steward heavenly revelation. Learn how to really worship in Spirit and in Truth. Understand meditation, impartation, and so much more. The fresh and profound concepts taught in this book take a mystical subject--seers and the spirit realm--and make it relevant for your everyday life!

Systems Engineering for Commercial Aircraft Mr Scott Jackson 2015-03-28 Explains the principles of systems engineering in simple, understandable terms and describes to engineers and managers how these principles would be applied to the development of commercial aircraft.

Charles Pettigrew, First Bishop-elect of the North Carolina Episcopal Church Bennett H Wall 2021-09-10 This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Lost and Found Sarah Jakes 2014-04-01 Don't let your past keep you from a full future. Like every girl, Sarah Jakes dreamed of a life full of love, laughter, and happy endings. But her dreams changed dramatically when she became pregnant at age thirteen, a reality only compounded by the fact that her father, Bishop T.D. Jakes, was one of the most influential megachurch pastors in the nation. As a teen mom and a high-profile preacher's kid, her road was lonely. She was shunned at school, gossiped about at church. And a few years later, when a fairy-tale marriage ended in a spiral of hurt and rejection, she could have let her pain dictate her future. Instead, she found herself surrounded by a God she'd given up on, crashing headlong with Him into a destiny she'd never dreamed of. Sarah's captivating story, unflinchingly honest and deeply vulnerable, is a vivid reminder that God can turn even the deepest pain into His perfection. More than a memoir, Lost and Found offers hope and encouragement. Perhaps you, like Sarah, find yourself wandering the detours of life. Regardless of how lost you feel, you, too, can be found.

Disarm June Gray 2013-05-28 PART ONE OF JUNE GRAY'S DISARM SERIES Even the deepest secrets always find a way to surface... Twenty-six-year-old Elsie Sherman has had a crush on her brother's best

friend, Henry Logan, since she was twelve years old. Unfortunately, Henry has only ever treated her like a younger sister, stepping into her brother's shoes after he was killed in action. That is, until one night, when one dance ignites a sensual fire between the two, leaving Elsie aroused and confused. Is she allowed to lust after her surrogate big brother who also happens to be her roommate? But Henry, an Air Force officer, has been harboring two secrets—one will bring them together and the other will tear them apart—and it is up to Elsie to decide if their relationship is worth fighting for. Don't miss Besiege, part two of the Disarm series!

The Dancing Girls of Lahore Louise Brown 2006-07-03 The dancing girls of Lahore inhabit the Diamond Market in the shadow of a great mosque. The twenty-first century goes on outside the walls of this ancient quarter but scarcely registers within. Though their trade can be described with accuracy as prostitution, the dancing girls have an illustrious history: Beloved by emperors and nawabs, their sophisticated art encompassed the best of Mughal culture. The modern-day Bollywood aesthetic, with its love of gaudy spectacle, music, and dance, is their distant legacy. But the life of the pampered courtesan is not the one now being lived by Maha and her three girls. What they do is forbidden by Islam, though tolerated; but they are gandi, "unclean," and Maha's daughters, like her, are born into the business and will not leave it. Sociologist Louise Brown spent four years in the most intimate study of the family life of a Lahori dancing girl. With beautiful understatement, she turns a novelist's eye on a true story that beggars the imagination. Maha, a classically trained dancer of exquisite grace, had her virginity sold to a powerful Arab sheikh at the age of twelve; when her own daughter Nena comes of age and Maha cannot bring in the money she once did, she faces a terrible decision as the agents of the sheikh come calling once more.

Is It Really Too Much To Ask? Jeremy Clarkson 2013-09-26 Is It Really Too Much To Ask? is the fifth book in Jeremy Clarkson's bestselling The World According to Clarkson series. Well, someone's got to do it: in a world which simply will not see reason, Jeremy sets off on another quest to beat a path of sense through all the silliness and idiocy. And there's no knowign what might catch Jeremy's eye along the way. It could be: -The merits of Stonehenge as a business model -Why all meetings are a waste of time -The theft of the Queen's cows -One Norwegian man's unique approach to showing his gratitude -Fitting a burglar alarm to a tortoise -Or how Lou Reed was completely wrong about what makes a perfect day Pithy and provocative, this is Clarkson at his best, taking issue with whatever nonsense gets in the way of his search for all that's worth celebrating. Why should we be forced to accept stuff that's a bit rubbish? Shouldn't things work? Why doesn't someone care? I mean, is it really too much to ask? It's a good thing we've still got Jeremy out there, still looking, without fear or favour, for the answers. Jeremy Clarkson becomes the hilarious voice of a nation once more in Is It Really Too Much To Ask?, Volume 5 of The World According To Clarkson, following bestselling titles The World According to Clarkson, And Another Thing, For Crying Out Loud and How Hard Can It Be?. Praise for Clarkson: 'Brilliant... laugh-out-loud' Daily Telegraph 'Outrageously funny... will have you in stitches' Time Out Jeremy Clarkson began his writing career on the Rotherham Advertiser. He now writes for the Sun and the Sunday Times and is the tallest person working in British television.

Behavioral Activation for Depression Christopher R. Martell 2013-02-08 From leading experts in behavioral activation research and clinical practice, this volume presents an empirically tested approach for helping clients overcome depression by becoming active and engaged in their own lives. Behavioral activation is a stand-alone treatment whose principles can be integrated easily with other approaches that therapists already use. Guidelines are presented for identifying individualized treatment targets, monitoring and scheduling "antidepressant" activities -- experiences that are likely to be rewarding and pleasurable -- and decreasing avoidance and ruminative thinking. Rich clinical illustrations include an extended case example that runs throughout the book. Twenty-two reproducible forms, worksheets, and tables can be downloaded and printed in a convenient 8 1/2" x 11" size.

The Master Undone Lisa Renee Jones 2013-08-12 I told him goodbye, and I will not call him. I know if I do, it will be my undoing, and I'll once again be caught up in his spell. I will once again be...lost. In her private journals, Rebecca laid bare her soul, revealing her obsession for the one man whose erotic demands captivated her imagination—and enslaved her forever. Now, with Rebecca no longer in his life, her former Master is lost—questioning everything he thought he knew about himself, and the control he holds in such high regard. One woman will reach out to heal him and then turn away, leaving him haunted. She is nothing he thought he wanted, and somehow everything he needs. He tells himself to forget her, but he cannot escape his desire for her. He has to have more...

Professors as Writers Robert Boice 1990-01-01 Here is a proven book to help scholars master writing as a productive, enjoyable, and successful experience -- Author, Robert Boice, prepared this self-help manual for professors who want to write more productively, painlessly, and successfully. It reflects the author's two decades of experiences and research with professors as writers -- by compressing a lot of experience into a brief, programmatic framework. Like the actual sessions and workshops in which the author works with writers, this book admonishes and reassures. In the innovative book lies the path for sustained, highly productive scholarly writing!

Human Resource Skills for the Project Manager Vijay K. Verma 1995 Annotation People are the backbone of projects and the most important resource in a project. To survive and grow in the twenty-first century, project managers must learn and use appropriate human skills to motivate and inspire all those involved in the project. This book offers practical guidelines that can be used to develop and implement the human skills appropriate to project management: communication, motivation, negotiation, conflict resolution, conflict and stress management, and leadership. This book is Volume Two of The Human Aspects of Project Management series.

Indian Village S.C. Dube 2012-11-12 Published in 1998, Indian Village is a valuable contribution to the field of Sociology & Social Policy.

Renaissance and Baroque Ceiling Masterpieces Dover 2013-04-09 The lofty painted ceilings of Europe's palaces and churches rank among the greatest treasures of the Renaissance and Baroque eras. This unique assemblage features brilliant full-color reproductions of some of the finest examples of such art. Drawn from two rare French and German portfolios of the nineteenth century, this unique volume re-creates more than 60 magnificent ceilings from Parisian drawing rooms, German castles, and Italian galleries. Richly depicting scenes from nature and mythology, this collection abounds in chubby cherubs, ethereal goddesses, heroes in full battle armor, and all manner of animals, both legendary and realistic. In addition, a generous assortment of floral ornaments includes rosettes, garlands, and clusters of acanthus and other decorative leaves and vines. Whether used in their entirety or as individual motifs, these designs will add beauty and sophistication to any art or craft project.

The Forgotten Rohingya: Their Struggle for Human Rights in Burma Habib Habib Siddiqui 2019 Imagine that you are living in a country that does not recognize you as a citizen in spite of the fact that your people have maintained a continuous existence there for several centuries. If that was not enough of a traumatic experience, consider that because of your racial, ethnic and religious identity other ethnic groups that are fighting the brutal military regime in your country for their self-determination and human rights consider you as "settlers" from a neighboring country. It must be your worst nightmare when you realize that half of your people (almost 2 million) have been forced to take asylum or refuge outside, and you may be the next in line to seek a way out of this living hell of xenophobia, discrimination, intolerance, racism and bigotry. The victims are the Rohingya people of Burma (Myanmar). Because of their religion, race, ethnicity, color and language they are the most discriminated and persecuted people in our planet. Some argue that they are also one of the most forgotten. The Myanmar military regime has denied their citizenship rights, claiming that they are illegal settlers from nearby Bangladesh who have moved into Arakan during the British occupation of Burma in the 19th century. Is there any truth to such allegations? Does the military junta apply the same litmus test against all ethnic and religious groups in matters of citizenship? What is the basis for a nation's claim to self-determination? Must a people wander in the wilderness for two millennia and suffer repeated persecution, humiliation and genocide to qualify? How about the rights of a minority

community to survive with their culture and traditions intact? Do they need to be 'children' of a 'higher' God to qualify? What makes the children of a 'lesser' God to be forgotten and denied the same treatment and privilege that was granted hitherto to other nations? For much of its history, Burma has been ruled by military. As has once again been demonstrated recently they are brutal, savage and tyrannical. They have ignored people's verdict in the election and imprisoned leaders and workers of the democracy movement. They cannot be guarantors or protectors of human rights of anyone, let alone religious and ethnic minorities. Do you know that the Rohingyas - face cruel restriction on marriage and those married without government authorization are paraded naked on the streets? - Are restricted from traveling outside their villages? - Have no legal right to own land or property? - Are restricted from getting education, finding work, getting medical and health care? - Are subjected to land confiscation, forced eviction and destruction of homes, offices, schools, mosques, shops, etc., and face religious persecution on a daily basis? - Are victims of staged riots, forced starvation, arbitrary taxation, extortion, arrest, torture and extra-judicial killings? - Are forced to do slave labor for establishment of government infrastructure, new Buddhist settlements, pagodas and monasteries on evicted lands with the government intent of changing the landscape and demography of Arakan? - Are forced to convert to Buddhism &/or worship Buddha? Do you know that when it comes to the Rohingya people, the Burmese government doesn't uphold any of the Articles of the Universal Declaration of Human Rights? Nothing can excuse us from the criminal silence that we practice in not voicing our concern about the plight of the Rohingya people. "The Forgotten Rohingya" makes a strong case for mobilizing concerned citizens of our globe to ease their sufferings. The author analyzes origin of the Rohingya people and offers ideas to solve their problem. The author also discusses problems of xenophobia and racism, which are so rampant in this country of many races, ethnicities and religions. He also analyzes the role of Daw Suu Kyi and failure of Burma's orange revolution.

Clinical Handbook of Psychological Disorders, Fourth Edition David H. Barlow 2007-11-15 With over 75,000 copies sold, this clinical guide and widely adopted text presents authoritative guidelines for treating frequently encountered adult disorders. The Handbook is unique in its focus on evidence-based practice and its attention to the most pressing question asked by students and practitioners—"How do I do it?" Leading clinical researchers provide essential background knowledge on each problem, describe the conceptual and empirical bases of their respective approaches, and illustrate the nuts and bolts of evidence-based assessment and intervention.

Weak Without Him Lyra Parish 2014-03-30 "Love is an emotion that will destroy you if you let it. It can ruin your life or create a new one. Jealousy isn't much different." Jennifer Downs treads in dangerous waters. Finnley Felton is unaware. With the help of Lady Luck, they will make it through. Or will they? Texas is nothing compared to Vegas but among the bright lights and busy streets, Jennifer discovers who she is. Her life has changed, and for better or worse, she continues to live like tomorrow will never come. Sabotage. Hatred. Betrayal. Although love is beautiful and kind, it comes with consequences. Jennifer finds herself fighting. Fighting for her rights, for love, for Finnley, and for her life. Hearts may be broken. Lives will change. But the ultimate question remains: can love win all?

Panic Disorder and Agoraphobia Borwin Bandelow 2013-09 Part of the Oxford Psychiatry Library series, this pocketbook provides a user-friendly introduction to the diagnosis, etiology, and treatment of patients with panic disorder.

Unified Protocol for Transdiagnostic Treatment of Emotional Disorders David H. Barlow 2017-12-15 Contemporary research on major emotional disorders emphasizes their commonalities rather than their differences. This research continues to lend support for a unified transdiagnostic approach to treatment of these disorders that considers their commonalities and is applicable to a range of emotional problems. Unified Protocol for Transdiagnostic Treatment of Emotional Disorders provides an alternative to disorder-specific treatments of various emotional disorders, designed to be applicable to the wide range of anxiety and other disorders with strong emotional components. The Therapist Guide and accompanying client Workbook present an eight-module therapy program that puts substantial emphasis on emotion-focused approaches, helping clients confront and experience challenging emotions while teaching them how to regulate those emotions. Expanded considerably in this second edition, the volume provides guidance on using the Unified Protocol (UP) to address problems not only with anxiety, but also with depression, eating disorders, non-suicidal self-injury, substance use, and anger. Treatment procedures have been further elucidated and more guidance is provided to practitioners on how to present key treatment concepts. Chapters brand new to this updated edition introduce functional assessment and describe how to provide the UP in a group format, while patient materials have been revised, streamlined, and made more user-friendly.

The Temples of Lhasa Andrew Alexander 2005 "The Temples of Lhasa is a comprehensive survey of historic Buddhist sites in the Tibetan capital of Lhasa. The study is based on the Tibetan Heritage Fund's official five-year architectural conservation project in Tibet, during which the author and his team had unlimited access to the buildings studied. The documented sites span the entire known history of Tibetan Buddhist art and architecture from the 7th to the 21st centuries. The book is divided into thirteen chapters, covering all the major and minor temples in historic Lhasa. These include some of Tibet's oldest and most revered sites, such as the Lhasa Tsukla-khang and Ramoche, as well as lesser-known but highly important sites such as the Jebumgang Lha-khang, Meru Dratsang and Meru Nyingpa. It is illustrated with numerous color plates taken over a period of roughly 15 years from the mid-1980s to today and is augmented with rare photographs and reproductions of Tibetan paintings. This book also provides detailed architectural drawings and maps made by the project. Each site has been completely surveyed, documented and analyzed. The history of each site has been written - often for the first time - based on source texts and survey results, as well as up-to-date technology such as carbon dating, dendrochronology, and satellite data. Tibetan source texts and oral accounts have also been used to reconstruct the original design of the sites. Matthew Akester has contributed translations of Tibetan source texts, including excerpts from the writings of the Fifth and Thirteenth Dalai Lamas. This documentation of Tibetan Buddhist temple buildings is the most detailed of its kind, and is the first professional study of some of Tibet's most significant religious buildings. The comparative analysis of Tibetan Buddhist architecture covers 13 centuries of architectural history in Tibet."--Publisher's website.

Managing the Project Team Vijay K. Verma 1997 Annotation Today, project managers operate in a global environment and work on joint projects characterized by cultural diversity. Teamwork is the key to project success. This book focuses on developing and sustaining the project team throughout the project life cycle and promotes working interdependently in a climate of mutual trust and a win-win atmosphere. It will help readers understand the stages of team development, build strong project teams by eliminating barriers to high performance, select and organize the project team for success by gaining commitment through participative decision-making, and develop a matching skill and responsibility matrix. After reading this book, project leaders should be able to create an environment to facilitate open and effective communication, develop trust and motivation within the project team, and develop appropriate team leadership styles and strategies to suit the project. This book is Volume Three of The Human Aspects of Project Management series.

A textbook of power plant engineering R. K. Rajput 2008

Politics of Modern Maharashtra V. P. Deo 2000 Contributed articles.

Separation of Molecules, Macromolecules and Particles Kamlesh Sirkar 2014-01-16 A modern separation process textbook written for advanced undergraduate and graduate level courses in chemical engineering.

Yvain Chretien de Troyes 1987-09-10 The twelfth-century French poet Chrétien de Troyes is a major figure in European literature. His courtly romances fathered the Arthurian tradition and influenced countless other poets in England as well as on the continent. Yet because of the difficulty of capturing his swift-moving style in translation, English-speaking audiences are largely unfamiliar with the pleasures of reading his

poems. Now, for the first time, an experienced translator of medieval verse who is himself a poet provides a translation of Chrétien's major poem, Yvain, in verse that fully and satisfyingly captures the movement, the sense, and the spirit of the Old French original. Yvain is a courtly romance with a moral tenor; it is ironic and sometimes bawdy; the poetry is crisp and vivid. In addition, the psychological and the socio-historical perceptions of the poem are of profound literary and historical importance, for it evokes the emotions and the values of a flourishing, vibrant medieval past.